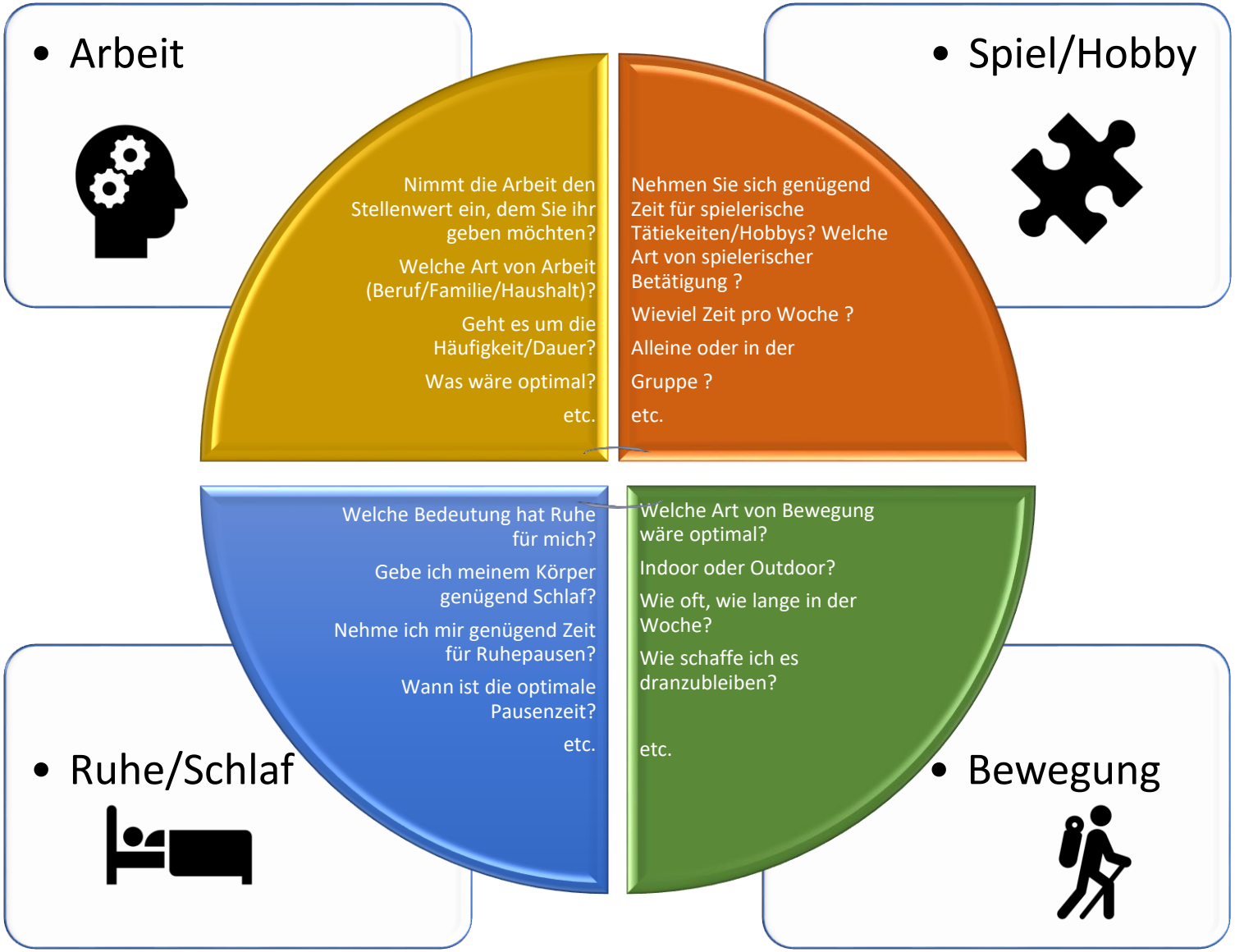Das Lebensbalance-Rad (R.Straus-Kinesiologie)